

CONNECT GROUP NOTES – COMING BACK STRONGER WEEK 4

Opening questions/ideas

1. Have you ever experienced mistaken identity? What happened? If you would ever like to be mistaken for someone else, who would that be and why? (Have some fun with this)
2. What has happened in your life recently to bring something new to it.

Start Thinking

3. Identity is crucial to us as human beings and we hear of people going off around the world to find themselves. Has anyone done these things? What do you think of the idea of finding yourself?
4. Some of us have taken personality tests to find out who we are. Have you ever done a personality test? How helpful was it? Can your personality really be assessed?

WHEN YOU KNOW WHOSE YOU ARE, YOU WILL KNOW WHO YOU ARE

Start Sharing

5. The way we see ourselves is fundamental to our core belief of who we are. People say things about us which build our identity as we grow - for better or worse. These things drive our core behaviours. What or who has influenced what you believe? How might this have shaped your life?
6. Jacob stole Esau's identity to get what he wanted. How would you feel if you lost or someone stole your identity? What are some of the things that may steal your identity? (looking for things like comparison, labels, past experiences)
7. Who does God say we are? 2 Corinthians 5:16-17. Where might we be wrestling at the moment to accept this truth?
8. Where might we feel we are living a chicken life instead of an eagle's? Our new identity is entirely new, not just the old one with enhancements. A butterfly is not a caterpillar with wings. Discuss. Our new identity is eternal, not based on what we do but in who we are.
9. As you finish read some of these passages about who we are in Christ; John 15:15, John 1:12-13, Galatians 4:7, 2 Corinthians 1:22

Start Doing

10. Is there an identity thief that robs me the most?
11. How can I take a step forward in finding out who God says I am?
12. Pray for each other, remembering that how we identify ourselves will determine how we approach our lives.